

2019 PRENATAL PARENTING CLASSES

Maternal and Child Health Education
Forsyth County Department of Public Health
799 Highland Avenue Winston-Salem, NC 27101
Phone: 336-703-3206 Fax: 336-727-8034



SERIES 1

1-30-19
2-6-19
2-13-19
2-20-19
2-27-19
3-6-19

SERIES 2

4-24-19
5-1-19
5-8-19
5-15-19
5-22-19
5-29-19

SERIES 3

6-26-19
7-3-19
7-10-19
7-17-19
7-24-19
7-31-19

SERIES 4

10-9-19
10-16-19
10-23-19
10-30-19
11-6-19
11-13-19

Class size is limited to 25 - Pre-Registration is Required!

TOPICS INCLUDE:

- Basic Infant Care and Child Development
- Injury Prevention and Breastfeeding
- Nutrition, Feeding and Infant Dental Health
- Safe Sleep, SIDS and Shaken Baby Syndrome
- Immunizations and Common Illnesses
- Family Planning and Family Dynamic

CLASSES AND LOCATION:

All classes are held on Wednesday at 4:30 to 6:00 p.m. at the Forsyth County Department of Public Health in MR2.

Each class includes a light snack, a small baby care gift, and points you can earn to spend at our new Baby Boutique!

